



CITY OF PORT PHILLIP
presents

Seniors Festival

October 2022

FESTIVAL PROGRAM

2022 SENIORS FESTIVAL

In October, we celebrate our annual Seniors Festival to recognise the valuable contribution people aged 55+ have made and continue to make to our community.

Acknowledgement

Council respectfully acknowledges the Traditional Owners of this land, the people of the Kulin Nations. We pay our respect to their Elders, past and present. We acknowledge and uphold their continuing relationship to this land.

COVID-19

In-person events are subject to the Victorian Government's event guidelines and any COVID-19 restrictions that may be in place at the time of the event.

This year's Festival

This year's Festival focuses on providing fun and good times with opportunities to participate in events and activities for free or low cost throughout October.

Victorian Senior Card holders are being encouraged to get back out there and enjoy the Festival.

Free public transport

From 2 October to 9 October, Victorian Senior Card holders will be able to jump on public transport for free to visit attractions across Melbourne as well as regional and rural locations for a variety of exciting activities and attractions.

To find out more contact **Public Transport Victoria (PTV)**. Conditions apply.

☎ 1800 800 007

🖱 ptv.vic.gov.au

Rainbow tick accreditation



City of Port Phillip Aged Care Services has been awarded the Rainbow Tick, an Australian Standards accreditation indicating services are inclusive of and sensitive to the needs of lesbian, gay, bisexual, transgender and intersex (LGBTI) people.

Free events

All events are free unless stated otherwise.

For more information

- ☎ ASSIST 03 9209 6777
- 🖱 portphillip.vic.gov.au

Get the latest news about your City

Sign up now to Divercity enews



- 🖱 portphillip.vic.gov.au/divercity

If you require a large print version please phone **ASSIST**
03 9209 6777

National Relay Service

If you are deaf or having a hearing or speech impairment, you can phone us through the National Relay Service (NRS):

- TTY users, dial **133677**, then ask for **03 9209 6777**
- Voice Relay users, phone **1300 555 727**, then ask **03 9209 6777**

- 🖱 www.relayservice.gov.au

Language assistance

- 廣東話 9679 9810
- 普通話 9679 9858
- Ελληνικά 9679 9811
- Русский 9679 9813
- Polska 9679 9812
- Other 9679 9814

MUSIC, DANCE AND ART PERFORMANCES



MUSIC AND DANCE**SENIORS FESTIVAL LAUNCH**

A celebration of 22 years of the Older Persons Advisory Committee (OPAC) featuring experienced entertainer and radio presenter David Sharples, also known as DK, Soul DJ. David will be playing your favourite Motown, soul and pop tunes from the 60s, 70s and 80s for a fun afternoon of music, cabaret and disco.

When

Friday 7 October from 2 pm to 5.30 pm

Where

Auditorium Port Melbourne Town Hall
333 Bay Street, Port Melbourne

Bookings required

☎ **Simone** 03 9209 6260 or 0403 904 092
✉ simone.jamieson@portphillip.vic.gov.au



MUSIC AND DANCE

BRING IT HOME



City of Port Phillip, in partnership with the Victorian Seniors Festival, City of Bayside, City of Glen Eira and City of Stonnington, presents **Bring it Home** - a 70-minute musical party celebrating older people and older artists. Dress up to the nines and step out to enjoy great live music, special guests, stories, belly laughs, sing-along, dancing, radio plays, interviews and more. Carers Victoria will have a pop up information booth to provide resources and information to carers.

When

Thursday 13 October 1 pm arrival for a 1.30 pm start to 3 pm finish.

Where

St Kilda Town Hall, 99a Carlisle St, St Kilda.

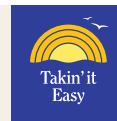
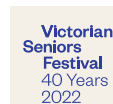
Bookings required

You can book for yourself or for a group.

☎ 0421 853 266

✉ bringithomeconcert@gmail.com

This event is presented in partnership with:



GLEN EIRA
CITY COUNCIL



City of
STONNINGTON

MUSIC, DANCE AND ART PERFORMANCES

FESTIVAL OF HARVEST (SUKKOT): SHARING FOOD, MUSIC AND DANCE

The National Council of Jewish Women presents a celebration of culture and connection.

When

Tuesday 4 October from 11 am to 2 pm

Where

Community Room
332 Park Street, South Melbourne

Bookings required

☎ **Helen** 03 9523 0535

✉ grants@ncjwavic.org.au

MUSIC AND DANCE

CASPA CARE ANNUAL CONCERT

A singing and dancing concert providing happiness to celebrate Seniors.

When

Sunday 9 October from 2 pm to 3 pm

Where

CaSPA Care, Napier Street Homes,
18-30 Richardson St, Albert Park

Bookings required

☎ **Caroline** 0418 556 337

✉ icm@netspace.net.au

MUSIC

JEWISH HOLIDAY SUKKOT CONCERT AND TALK

Presented by the Shalom Association Inc., this is a celebration of Jewish Culture in advance of Sukkot with uplifting music and cultural talks for Port Phillip Seniors.


When


Sunday 9 October from 3 pm

Where

Betty Day Community Centre
67 Argyle Street, St Kilda

Bookings required

 **Boris** 0425 651 106

 borysf@gmail.com

MUSIC AND FOOD

A TASTE OF GREEK CULTURE

A showcase of traditional Greek food and music for everyone to enjoy.


When


Monday 10 October from 10 am to 1 pm

Where

Southport Community Centre
1/147 Liardet Street, Port Melbourne
(entrance from Coles rooftop car park)

Bookings required

 **Tina** 0411 802 225

 tinamilopoulos@gmail.com

MUSIC

U3APP WEEKEND MUSIC CONCERT

All that Jazz and Allsorts will provide some excellent mid-October ukelele music.

When


Saturday 15 October from 2 pm to 4 pm

Where

The Hall at Mary Kehoe Centre
224 Danks Street, Middle Park 3206

Bookings required:

 Di 0418 962 669

 digameson@icloud.com

MUSIC

U3APP MID-WEEK MUSIC CONCERT

Enjoy the sounds of three choir groups and a delightful recorder consort. Refreshments served.

When


Wednesday 19 October from 2 pm to 4 pm

Where

The Hall at Mary Kehoe Centre
224 Danks Street, Middle Park 3206

Bookings required

 Di 0418 962 669

 digameson@icloud.com

MUSIC

SENIORS CULTURAL MUSICAL TEA PARTY

The Elwood and St Kilda Learning Centre (ESNLC) presents an afternoon of live world music with delicious food that warms the heart.

When

Thursday 13 October from 12.30 pm to 2.30 pm

Where

Elwood and St Kilda Learning Centre (ESNLC) 87 Tennyson Street, Elwood

Bookings required

📞 **Georgie** 03 9531 1954

✉️ manager@esnlc.com.au



AWARDS, DISCUSSIONS SEMINARS AND ONLINE EVENTS



ONLINE EVENT - PRESENTATION

HISTORY OF AUSTRALIA AND FAMOUS AUSTRALIAN PEOPLE

The Nadezhda Russian Senior Citizen Club presents a history of Australia, famous Australians and connecting to Australian culture.

When

Wednesday 5 October
from 7 pm to 8 pm

Where

Zoom. Link will be provided upon booking.

Booking required

☎ **Lidiya** 03 9806 1625

✉ lidiya02@outlook.com

ONLINE EVENT - DISCUSSION AND PHOTOGRAPHY

HISTORY OF JEWISH FESTIVAL SUKKOT FORUM

The Ethnic Discussion Club presents the Seniors Spring Festival discussion and photo project with a history of Sukkot.

When

Wednesday 5 October
from 2 pm to 4 pm

Where

Zoom. Link will be provided upon booking.

Booking required

☎ **Emil** 0412 267 283

✉ butadion40@gmail.com

ONLINE EVENT - SEMINAR

THE ULURU STATEMENT AND A VOICE TO PARLIAMENT

Senator Patrick Dodson has been invited to speak to the Special Envoy for Reconciliation, and Implementation of the Uluru Statement.

When


Saturday 8 October
from 2.30 pm to 3.30 pm

Where

 u3app.org.au

Bookings required

Register on U3APP website by clicking on **public events** tab.

 u3app.org.au/course-guide-public-events/

AWARDS

PORT PHILLIP WRITES: SENIORS FESTIVAL 18TH WRITING AWARDS PRESENTATION

Join us for this fantastic celebration of literature. Judges Awards will be announced and excerpts from our writer's entries will be read by special guests.


When

Sunday 16 October from 2 pm to 4 pm

Where

St Kilda Library 150 Carlisle St, St Kilda

Bookings required

 **Simone** 03 9209 6260

 simone.jamieson@portphillip.vic.gov.au

DISCUSSION

CITY OF PORT PHILLIP OLDER PERSONS ADVISORY COMMITTEE

The Older Persons Advisory Committee (OPAC) was appointed by Council in the year 2000 to be its main advisory body on all issues affecting older residents living in the City of Port Phillip.

With committee members encompassing a wide range of backgrounds and views, the OPAC is an accessible and impartial group celebrating its 22nd year.

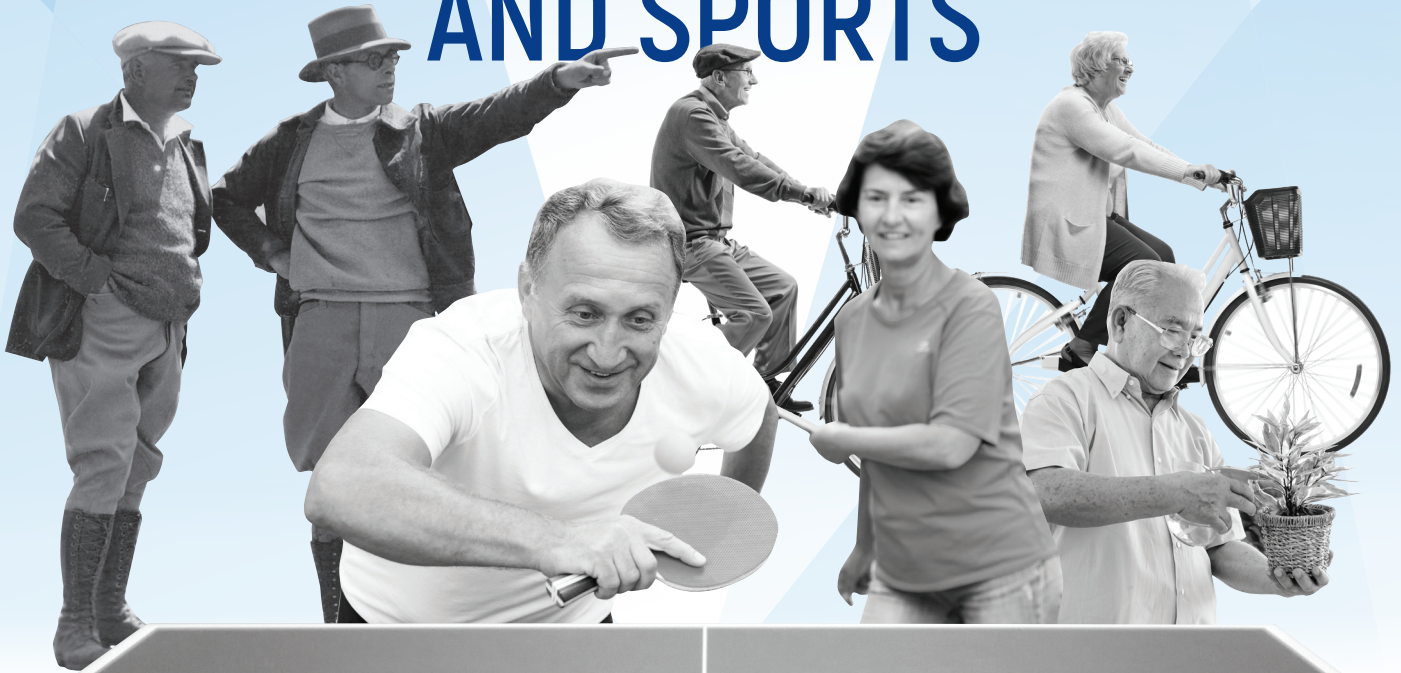
If have any concerns or great ideas that would improve the lives of older people get in touch with us.

☎ ASSIST 03 9209 6777

✉ cathy.horsley@portphillip.vic.gov.au



COMMUNITY EVENTS AND SPORTS



SPORTS

A HIT FOR HEALTH

Experience the joys and challenges of croquet at this beautiful seaside location. Presented by Elwood Croquet Club.

When

Sunday 2 October from 10 am to 3 pm

Where

Elwood Croquet Club
33 Head Street, Elwood

Bookings required

☎ Pam 0490 312 810

✉ presidentelwoodcroquet@gmail.com



COMMUNITY EVENT

DIG IN GARDEN OPEN DAY

A showcase of Dig In Community Garden for everyone to enjoy.

When

Sunday 2 October 2022 from 11 am to 2 pm

Where

Dig In Community Garden, Murphy Reserve
Williamstown Road, Port Melbourne
(next to the Soccer clubrooms)

Bookings required

☎ **Henry** 0400 435 234

✉ hmlm@bigpond.net.au

SPORTS

CREW ROWING FOR OVER 55

Explore crew rowing with the Y Rowing Centre. Get outdoors and discover crew rowing in a safe and friendly atmosphere.

When

Wednesday 5 October from 9.45 am to 12 midday

Where

Y Rowing Centre
Ground Floor, The Park Events
(old Power House)
36 Lakeside Drive, Albert Park

Bookings required

☎ **Kath** 03 9592 2147

✉ yrowingcentre@hotmail.com

COMMUNITY EVENT

GUIDED HISTORICAL TOUR, SOUTH MELBOURNE MARKET

Join local historian Kay Rowan on a journey around South Melbourne Market and surrounding streets, buildings and landscapes to find out more about the last 150 years.


When

Wednesday 5 October and Friday 7 October
10 am to 11 am

Where

Meet at the corner Dorcas and Cecil streets,
South Melbourne

Bookings required

 03 9209 6295

 smm@portphillip.vic.gov.au

 trybooking.com/958476

SPORTS

SENIORS TABLE TENNIS

Melbourne Veterans Table Tennis Association presents Seniors Table Tennis. Enjoy a game of table tennis in the picturesque setting of Albert Park. Some basic coaching available on the day. All levels welcome.


When

Thursday 6 October and Wednesday
12 October from 10 am to 12 midday

Where

Melbourne Sports and Aquatic Centre
30 Aughtie Drive, Albert Park

Bookings required

 Robert 0422 380 688

 robertk36@hotmail.com

COMMUNITY EVENT

CELEBRATE LGBTIQ+ SENIORS

An event to celebrate LGBTIQ+ Seniors. Featuring performance by Melbourne Gay and Lesbian Chorus and a social event Switchboard Victoria's free Out and About Program lunch.

When


Thursday 6 October from 12 midday


- Melbourne Gay and Lesbian Chorus from 12.15 pm to 12.30 pm
- Switchboard Victoria's free Out and About Program lunch from 12.30 pm to 2.30 pm

Where

Victorian Pride Centre
79 – 81 Fitzroy Street, St Kilda

Bookings required

 **Meredith** 0466 218 921

 outandabout@switchboard.org.au

COMMUNITY EVENT

HIP! HIPPY! HOORAY!

The Sacred Heart Mission presents this inclusive and accessible afternoon tea for people of all cultures and backgrounds.


When

Friday 7 October from 2 pm to 4 pm

Where

Sacred Heart Community
101 Grey St, St Kilda

Bookings required

 **Santiago** 0467 760 170

 saznal@sacredheartmission.org

COMMUNITY EVENT

SOUTH PORT DAY LINKS (SPDL) OPEN LUNCH WITH SENIORS

A SPDL volunteers and Seniors social gathering event to strengthen local connections.


When

Friday 14 October from 12 midday to 2 pm

Where

Port Melbourne Community Centre
& Trugo Club
219 Esplanade East, Port Melbourne

Bookings required

 Ed 03 9646 6362

 ed.holmes@spd.org.au

SPORTS

MILK BAR MEMORIES

Before 7-11 there were Milk Bars! The Bicycle User Group (BUG) presents a cycle around the old and current Milk Bars explore old and current Milk Bars of St Kilda, Elwood and Port Melbourne. Explore the history and share your memories at the local milk bar. Riders of all ages and abilities welcome. The bike route will be on quiet streets and bike trails. Coffee stop included.


When

Saturday 15 October from 9 am to 1 pm

Where

Meet 9 am at St Kilda Pier

Bookings required

 trybooking.com/CBVPT

COMMUNITY EVENT

COMMUNITY SHRED DAY

Safely and securely dispose of and recycle your old confidential documents such as old bank statements, tax returns or health records. Maximum of four archive boxes.

When

Saturday 15 October from 10 am to 1 pm


Where

Elwood Foreshore Carpark
11 Elwood Foreshore, Elwood

Cost

Donation of \$5 per archive box equivalent, proceeds to Elwood Life Saving Club.

For more information

 **Ariane** 1300 55 88 76

 info@shredonsite.com.au

SPORTS

BOWLING IN THE GARDENS

Presented by the Albert Park Bowls Club, experience a fun day of what the Club has to offer.


When

Sunday 16 October, 11 am to 5 pm

Where

Albert Park Bowls Club
St Vincent Gardens (Ferrars St End)
1/1a St Vincent Place, Albert Park

Bookings not required. For more information:

 **Gerry** 03 9690 3592

 secretary@albertparkbowlsclub.com.au

COMMUNITY EVENT

SENIORS FESTIVAL FEAST AND CELEBRATION OF RUSSIAN JEWISH CULTURE

The Association of Former Inmates of the Nazi Concentration Camps and Ghettos from the Former Soviet Union presents a celebration of Russian Jewish culture. The event is open to everyone.

When

Sunday 16 October from 4 pm to 7 pm

Where

Betty Day Community Centre
67 Argyle Street, St Kilda

Bookings required

☎ **Jacob** 0402 425 665

✉ jack2012j@gmail.com

COMMUNITY EVENT

SEPHARDI SEUDA (SIT DOWN MEAL) TO CELEBRATE SIMCHAT TORAH

Sassoon Yehuda Sephardi Synagogue presents a celebration of Simchat Torah with hakafot (dancing) and joy, before enjoying a communal Sephardi dinner.

When

Monday 17 October, 7 pm

Where

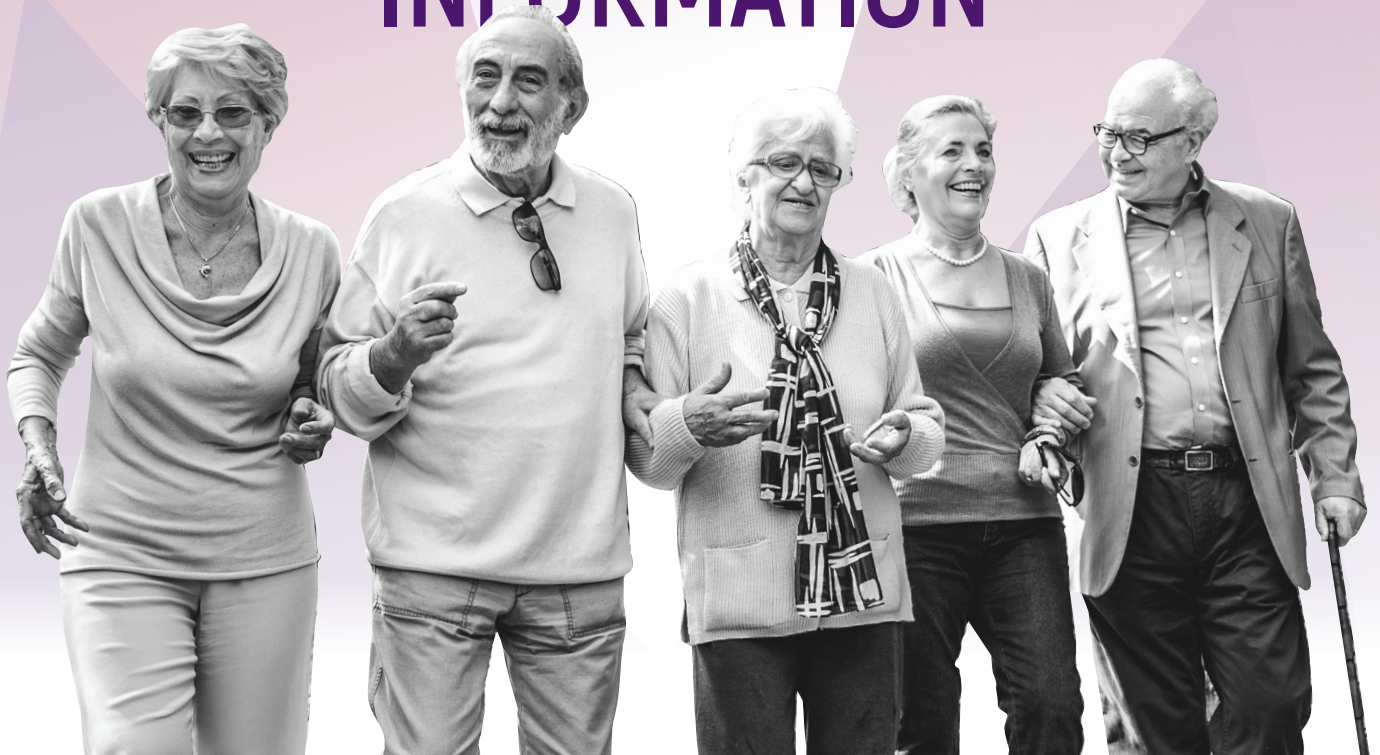
Sassoon Yehuda Sephardi Synagogue
79 Hotham Street, Balaclava

Bookings required

☎ **Joanne** 03 9527 8863

✉ president@sephardivic.com

COMMUNITY INFORMATION



VICTORIAN SENIORS FESTIVAL

The 2022 Victorian Seniors Festival performances are delivered all throughout Victoria. This year the theme is 'Takin' it Easy' and you can delight in new audio content and entertainment featuring community voices, music and locally produced radio plays to enjoy.

For more information

🖱️ [seniorsonline.vic.gov.au/
festival-performances](https://seniorsonline.vic.gov.au/festival-performances)

**Victorian
Seniors
Festival**
40 Years
2022



COMMUNITY DIRECTORY

Meaningful connections between people are important for good health and wellbeing. The new Community Directory is a resource for people experiencing social isolation and looking to reengage in activities and programs with the local community.

With over 220 listings, it supports individual community members with information about social opportunities in the area. It's also a great resource for service providers, community groups and network opportunities.

For more information


🖱️ [portphillip.vic.gov.au/
community-directory](https://portphillip.vic.gov.au/community-directory)

LINKING NEIGHBOURS SENIORS REGISTER

Linking Neighbours is a great way to meet local people in the City of Port Phillip. It is a social activity program that provides outings and activities for over 55's.

The Seniors Register is a secure database of details that can be accessed in an emergency situation by emergency services.

For registration and more information


 **ASSIST** 03 9209 6777


 linkingneighbours@portphillip.vic.gov.au

PORT PHILLIP LIBRARY COMMUNITY

Membership to the Port Phillip Library Service is free for anyone. Join at a branch or online. Our Home Library Service now offers home deliveries.

For more information on libraries or the Home Library Service:

 **ASSIST** 03 9209 6777

 library.portphillip.vic.gov.au

PORT PHILLIP COMMUNITY TRANSPORT

City of Port Phillip operates a free, accessible bus service. Book your ride and hop on at one of the many designated pick-up points throughout the City.

For booking and more information

- 📞 **Community Transport team**
03 9209 6223
- 🖱️ portphillip.vic.gov.au/community-bus

SOUTH PORT DAY LINKS (SPDL)

SPDL is a not for profit organisation that has provided volunteer services to residents of the City of Port Phillip for over 25 years. They aim to help residents maintain their social connections and support their ability to live independently.

For more information

- 📞 03 9646 6362
- ✉️ info@spdl.org.au
- 🖱️ spdl.org.au


PORT PHILLIP SENIORS CLUBS

University of the Third Age - U3A Port Phillip

U3A offers many courses to help you stay mentally active. There are no academic entry requirements and the annual membership fee gives you access to courses.

For more information


 03 9696 3495

 u3app@u3app.org.au

Port Melbourne Probus Club

A club for active retirees living in the Port Phillip area. Meetings are held every fourth Friday morning at Southport Centre. Meetings feature a variety of interesting speakers. Events and outings are arranged throughout the year.

For more information

 port.probus@gmail.com

PORT PHILLIP SENIORS CLUBS

St Kilda Probus Club

A social club for active retirees that meets on the first Monday of each month to hear from a variety of guest speakers. On the third Monday of every month, members travel to places of interest, stopping on the way for a picnic, morning tea and pub lunches.

For more information

☎ Nic 0410 553 993

Port Phillip Life Activities Club

The club is for over 45s and covers Port Melbourne, South Melbourne, Albert Park, Middle Park, St Kilda and Elwood.

For more information

☎ 0421 073 041

✉ membership@lifeportphillip.org.au

Port Phillip Men's Shed Association (PPMSA)

PPMSA welcomes new members and suggestions about activities that may be of interest to you.

For more information

✉ info@ppmsa.org.au



 **ASISST 03 9209 6777**

 **portphillip.vic.gov.au**