



CITY OF PORT PHILLIP  
presents

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# Seniors Festival

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October 2022

**FESTIVAL PROGRAM**

# 2022 SENIORS FESTIVAL

In October, we celebrate our annual Seniors Festival to recognise the valuable contribution people aged 55+ have made and continue to make to our community.

## **Acknowledgement**

Council respectfully acknowledges the Traditional Owners of this land, the people of the Kulin Nations. We pay our respect to their Elders, past and present. We acknowledge and uphold their continuing relationship to this land.

## **COVID-19**

In-person events are subject to the Victorian Government's event guidelines and any COVID-19 restrictions that may be in place at the time of the event.

## **This year's Festival**

This year's Festival focuses on providing fun and good times with opportunities to participate in events and activities for free or low cost throughout October.

Victorian Senior Card holders are being encouraged to get back out there and enjoy the Festival.

## **Free public transport**

From 2 October to 9 October, Victorian Senior Card holders will be able to jump on public transport for free to visit attractions across Melbourne as well as regional and rural locations for a variety of exciting activities and attractions.

To find out more contact **Public Transport Victoria (PTV)**. Conditions apply.

☎ 1800 800 007

🖱 [ptv.vic.gov.au](https://ptv.vic.gov.au)

## Rainbow tick accreditation



City of Port Phillip Aged Care Services has been awarded the Rainbow Tick, an Australian Standards accreditation indicating services are inclusive of and sensitive to the needs of lesbian, gay, bisexual, transgender and intersex (LGBTI) people.

### Free events

All events are free unless stated otherwise.

## For more information

- ☎ ASSIST 03 9209 6777
- 🖱 [portphillip.vic.gov.au](http://portphillip.vic.gov.au)

Get the latest news about your City

### Sign up now to Divercity enews



- 🖱 [portphillip.vic.gov.au/divercity](http://portphillip.vic.gov.au/divercity)

If you require a large print version please phone **ASSIST 03 9209 6777**

## National Relay Service

If you are deaf or having a hearing or speech impairment, you can phone us through the National Relay Service (NRS):

- TTY users, dial **133677**, then ask for **03 9209 6777**
- Voice Relay users, phone **1300 555 727**, then ask **03 9209 6777**

- 🖱 [www.relayservice.gov.au](http://www.relayservice.gov.au)

## Language assistance

- 廣東話 9679 9810
- 普通話 9679 9858
- Ελληνικά 9679 9811
- Русский 9679 9813
- Polska 9679 9812
- Other 9679 9814

# MUSIC, DANCE AND ART PERFORMANCES



**MUSIC AND DANCE****SENIORS FESTIVAL LAUNCH**

A celebration of 22 years of the Older Persons Advisory Committee (OPAC) featuring experienced entertainer and radio presenter David Sharples, also known as DK, Soul DJ. David will be playing your favourite Motown, soul and pop tunes from the 60s, 70s and 80s for a fun afternoon of music, cabaret and disco.

**When**

Friday 7 October from 2 pm to 5.30 pm

**Where**

Auditorium Port Melbourne Town Hall  
333 Bay Street, Port Melbourne

**Bookings required**

☎ **Simone** 03 9209 6260 or 0403 904 092  
✉ [simone.jamieson@portphillip.vic.gov.au](mailto:simone.jamieson@portphillip.vic.gov.au)



## MUSIC AND DANCE

## BRING IT HOME



City of Port Phillip, in partnership with the Victorian Seniors Festival, City of Bayside, City of Glen Eira and City of Stonnington, presents **Bring it Home** - a 70-minute musical party celebrating older people and older artists. Dress up to the nines and step out to enjoy great live music, special guests, stories, belly laughs, sing-along, dancing, radio plays, interviews and more. Carers Victoria will have a pop up information booth to provide resources and information to carers.

**When**

Thursday 13 October 1 pm arrival for a 1.30 pm start to 3 pm finish.

**Where**

St Kilda Town Hall, 99a Carlisle St, St Kilda.

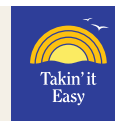
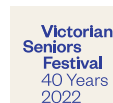
**Bookings required**

You can book for yourself or for a group.

☎ 0421 853 266

✉ [bringithomeconcert@gmail.com](mailto:bringithomeconcert@gmail.com)

This event is presented in partnership with:



GLEN EIRA  
CITY COUNCIL



City of  
STONNINGTON

**MUSIC, DANCE AND ART PERFORMANCES**

## **FESTIVAL OF HARVEST (SUKKOT): SHARING FOOD, MUSIC AND DANCE**

The National Council of Jewish Women presents a celebration of culture and connection.

**When**

Tuesday 4 October from 11 am to 2 pm

**Where**

Community Room  
332 Park Street, South Melbourne

**Bookings required**

 **Helen** 03 9523 0535

 [grants@ncjwavic.org.au](mailto:grants@ncjwavic.org.au)

**MUSIC AND DANCE**

## **CASPA CARE ANNUAL CONCERT**

A singing and dancing concert providing happiness to celebrate Seniors.


**When**


Sunday 9 October from 2 pm to 3 pm

**Where**

CaSPA Care, Napier Street Homes,  
18-30 Richardson St, Albert Park

**Bookings required**

 **Caroline** 0418 556 337

 [icm@netspace.net.au](mailto:icm@netspace.net.au)

**MUSIC**

## JEWISH HOLIDAY SUKKOT CONCERT AND TALK

Presented by the Shalom Association Inc., this is a celebration of Jewish Culture in advance of Sukkot with uplifting music and cultural talks for Port Phillip Seniors.


**When**


Sunday 9 October from 3 pm

**Where**

Betty Day Community Centre  
67 Argyle Street, St Kilda

**Bookings required**

 **Boris** 0425 651 106

 borysf@gmail.com

**MUSIC AND FOOD**

## A TASTE OF GREEK CULTURE

A showcase of traditional Greek food and music for everyone to enjoy.


**When**


Monday 10 October from 10 am to 1 pm

**Where**

Southport Community Centre  
1/147 Liardet Street, Port Melbourne  
(entrance from Coles rooftop car park)

**Bookings required**

 **Tina** 0411 802 225

 tinamilopoulos@gmail.com



**MUSIC**

## SENIORS CULTURAL MUSICAL TEA PARTY

The Elwood and St Kilda Learning Centre (ESNLC) presents an afternoon of live world music with delicious food that warms the heart.


**When**


Thursday 13 October from 12.30 pm to 2.30 pm

**Where**

Elwood and St Kilda Learning Centre (ESNLC) 87 Tennyson Street, Elwood

**Bookings required**

 **Georgie** 03 9531 1954

 [manager@esnlc.com.au](mailto:manager@esnlc.com.au)

**MUSIC**

## U3APP WEEKEND MUSIC CONCERT

All that Jazz and Allsorts will provide some excellent mid-October ukelele music.

**When**


Saturday 15 October from 2 pm to 4 pm

**Where**

The Hall at Mary Kehoe Centre  
224 Danks Street, Middle Park 3206

**Bookings required:**

 **Di** 0418 962 669

 [digameson@icloud.com](mailto:digameson@icloud.com)

# AWARDS, DISCUSSIONS SEMINARS AND ONLINE EVENTS



**ONLINE EVENT - PRESENTATION**

## HISTORY OF AUSTRALIA AND FAMOUS AUSTRALIAN PEOPLE

The Nadezhda Russian Senior Citizen Club presents a history of Australia, famous Australians and connecting to Australian culture.

**When**

Wednesday 5 October  
from 7 pm to 8 pm

**Where**

Zoom. Link will be provided upon booking.

**Booking required**

☎ **Lidiya** 03 9806 1625

✉ [lidiya02@outlook.com](mailto:lidiya02@outlook.com)

**ONLINE EVENT - DISCUSSION AND PHOTOGRAPHY**

## HISTORY OF JEWISH FESTIVAL SUKKOT FORUM

The Ethnic Discussion Club presents the Seniors Spring Festival discussion and photo project with a history of Sukkot.

**When**

Wednesday 5 October  
from 2 pm to 4 pm

**Where**

Zoom. Link will be provided upon booking.

**Booking required**

☎ **Emil** 0412 267 283

✉ [butadion40@gmail.com](mailto:butadion40@gmail.com)

**ONLINE EVENT - SEMINAR**

## THE ULURU STATEMENT AND A VOICE TO PARLIAMENT

Senator Patrick Dodson has been invited to speak to the Special Envoy for Reconciliation, and Implementation of the Uluru Statement.

**When**


Saturday 8 October  
from 2.30 pm to 3.30 pm

**Where**

 [u3app.org.au](https://u3app.org.au)

**Bookings required**

Register on U3APP website by clicking on **public events** tab.

 [u3app.org.au/course-guide-public-events/](https://u3app.org.au/course-guide-public-events/)

**AWARDS**

## PORT PHILLIP WRITES: SENIORS FESTIVAL 18<sup>TH</sup> WRITING AWARDS PRESENTATION

Join us for this fantastic celebration of literature. Judges Awards will be announced and excerpts from our writer's entries will be read by special guests.


**When**

Sunday 16 October from 2 pm to 4 pm

**Where**

St Kilda Library 150 Carlisle St, St Kilda

**Bookings required**

 **Simone** 03 9209 6260

 [simone.jamieson@portphillip.vic.gov.au](mailto:simone.jamieson@portphillip.vic.gov.au)

**DISCUSSION**

## CITY OF PORT PHILLIP OLDER PERSONS ADVISORY COMMITTEE

The Older Persons Advisory Committee (OPAC) was appointed by Council in the year 2000 to be its main advisory body on all issues affecting older residents living in the City of Port Phillip.

With committee members encompassing a wide range of backgrounds and views, the OPAC is an accessible and impartial group celebrating its 22<sup>nd</sup> year.

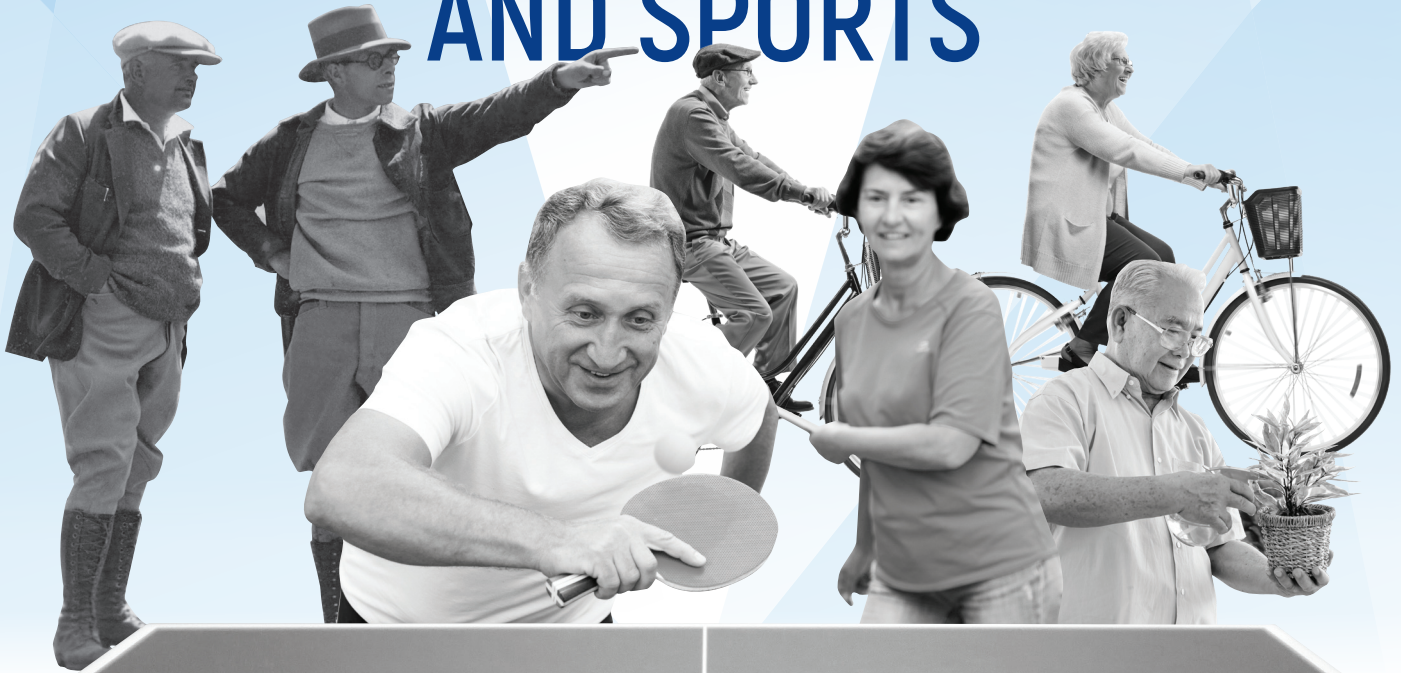
**If have any concerns or great ideas that would improve the lives of older people get in touch with us.**

☎ ASSIST 03 9209 6777

✉ [cathy.horsley@portphillip.vic.gov.au](mailto:cathy.horsley@portphillip.vic.gov.au)



# COMMUNITY EVENTS AND SPORTS



**SPORTS**

## A HIT FOR HEALTH

Experience the joys and challenges of croquet at this beautiful seaside location. Presented by Elwood Croquet Club.

**When**

Sunday 2 October from 10 am to 3 pm

**Where**

Elwood Croquet Club  
33 Head Street, Elwood

**Bookings required**

☎ Pam 0490 312 810

✉ [presidentelwoodcroquet@gmail.com](mailto:presidentelwoodcroquet@gmail.com)



**COMMUNITY EVENT**

## DIG IN GARDEN OPEN DAY

A showcase of Dig In Community Garden for everyone to enjoy.

**When**

Sunday 2 October 2022 from 11 am to 2 pm

**Where**

Dig In Community Garden, Murphy Reserve  
Williamstown Road, Port Melbourne  
(next to the Soccer clubrooms)

**Bookings required**

☎ **Henry** 0400 435 234

✉ [hmlm@bigpond.net.au](mailto:hmlm@bigpond.net.au)

**SPORTS**

## CREW ROWING FOR OVER 55

Explore crew rowing with the Y Rowing Centre. Get outdoors and discover crew rowing in a safe and friendly atmosphere.

**When**

Wednesday 5 October from 9.45 am to 12 midday

**Where**

Y Rowing Centre  
Ground Floor, The Park Events  
(old Power House)  
36 Lakeside Drive, Albert Park

**Bookings required**

☎ **Kath** 03 9592 2147

✉ [yrowingcentre@hotmail.com](mailto:yrowingcentre@hotmail.com)



**COMMUNITY EVENT**

## GUIDED HISTORICAL TOUR, SOUTH MELBOURNE MARKET

Join local historian Kay Rowan on a journey around South Melbourne Market and surrounding streets, buildings and landscapes to find out more about the last 150 years.


**When**

Wednesday 5 October and Friday 7 October  
10 am to 11 am

**Where**

Meet at the corner Dorcas and Cecil streets,  
South Melbourne

**Bookings required**

 03 9209 6295

 [smm@portphillip.vic.gov.au](mailto:smm@portphillip.vic.gov.au)

 [trybooking.com/958476](https://trybooking.com/958476)

**SPORTS**

## SENIORS TABLE TENNIS

Melbourne Veterans Table Tennis Association presents Seniors Table Tennis. Enjoy a game of table tennis in the picturesque setting of Albert Park. Some basic coaching available on the day. All levels welcome.


**When**

Thursday 6 October and Wednesday  
12 October from 10 am to 12 midday

**Where**

Melbourne Sports and Aquatic Centre  
30 Aughtie Drive, Albert Park

**Bookings required**

 **Robert** 0422 380 688

 [robertk36@hotmail.com](mailto:robertk36@hotmail.com)

## COMMUNITY EVENT

## CELEBRATE LGBTIQ+ SENIORS

An event to celebrate LGBTIQ+ Seniors. Featuring performance by Melbourne Gay and Lesbian Chorus and a social event Switchboard Victoria's free Out and About Program lunch.

**When**


Thursday 6 October from 12 midday


- Melbourne Gay and Lesbian Chorus from 12.15 pm to 12.30 pm
- Switchboard Victoria's free Out and About Program lunch from 12.30 pm to 2.30 pm

**Where**

Victorian Pride Centre  
79 – 81 Fitzroy Street, St Kilda

**Bookings required**

 **Meredith** 0466 218 921

 [outandabout@switchboard.org.au](mailto:outandabout@switchboard.org.au)

## COMMUNITY EVENT

## HIP! HIPPY! HOORAY!

The Sacred Heart Mission presents this inclusive and accessible afternoon tea for people of all cultures and backgrounds.


**When**

Friday 7 October from 2 pm to 4 pm

**Where**

Sacred Heart Community  
101 Grey St, St Kilda

**Bookings required**

 **Santiago** 0467 760 170

 [saznal@sacredheartmission.org](mailto:saznal@sacredheartmission.org)

**COMMUNITY EVENT**

## SOUTH PORT DAY LINKS (SPDL) OPEN LUNCH WITH SENIORS

A SPDL volunteers and Seniors social gathering event to strengthen local connections.


**When**

Friday 14 October from 12 midday to 2 pm

**Where**

Port Melbourne Community Centre  
& Trugo Club  
219 Esplanade East, Port Melbourne

**Bookings required**

 Ed 03 9646 6362

 [ed.holmes@spdl.org.au](mailto:ed.holmes@spdl.org.au)

**SPORTS**

## MILK BAR MEMORIES

Before 7-11 there were Milk Bars! The Bicycle User Group (BUG) presents a cycle around the old and current Milk Bars explore old and current Milk Bars of St Kilda, Elwood and Port Melbourne. Explore the history and share your memories at the local milk bar. Riders of all ages and abilities welcome. The bike route will be on quiet streets and bike trails. Coffee stop included.


**When**

Saturday 15 October from 9 am to 1 pm

**Where**

Meet 9 am at St Kilda Pier

**Bookings required**

 [trybooking.com/CBVPT](https://trybooking.com/CBVPT)

## COMMUNITY EVENT

## COMMUNITY SHRED DAY

Safely and securely dispose of and recycle your old confidential documents such as old bank statements, tax returns or health records. Maximum of four archive boxes.

**When**

Saturday 15 October from 10 am to 1 pm

**Where**

Elwood Foreshore Carpark  
11 Elwood Foreshore, Elwood

**Cost**

Donation of \$5 per archive box equivalent, proceeds to Elwood Life Saving Club.

**For more information**

☎ Ariane 1300 55 88 76

✉ info@shredonsite.com.au

## SPORTS

## BOWLING IN THE GARDENS

Presented by the Albert Park Bowls Club, experience a fun day of what the Club has to offer.

**When**

Sunday 16 October, 11 am to 5 pm

**Where**

Albert Park Bowls Club  
St Vincent Gardens (Ferrars St End)  
1/1a St Vincent Place, Albert Park

**Bookings not required. For more information:**

☎ Gerry 03 9690 3592

✉ secretary@albertparkbowlsclub.com.au

## COMMUNITY EVENT

## SENIORS FESTIVAL FEAST AND CELEBRATION OF RUSSIAN JEWISH CULTURE

The Association of Former Inmates of the Nazi Concentration Camps and Ghettos from the Former Soviet Union presents a celebration of Russian Jewish culture. The event is open to everyone.

### When

Sunday 16 October from 4 pm to 7 pm

### Where

Betty Day Community Centre  
67 Argyle Street, St Kilda

### Bookings required

☎ **Jacob** 0402 425 665

✉ jack2012j@gmail.com

## COMMUNITY EVENT

## SEPHARDI SEUDA (SIT DOWN MEAL) TO CELEBRATE SIMCHAT TORAH

Sassoon Yehuda Sephardi Synagogue presents a celebration of Simchat Torah with hakafot (dancing) and joy, before enjoying a communal Sephardi dinner.

### When

Monday 17 October, 7 pm

### Where

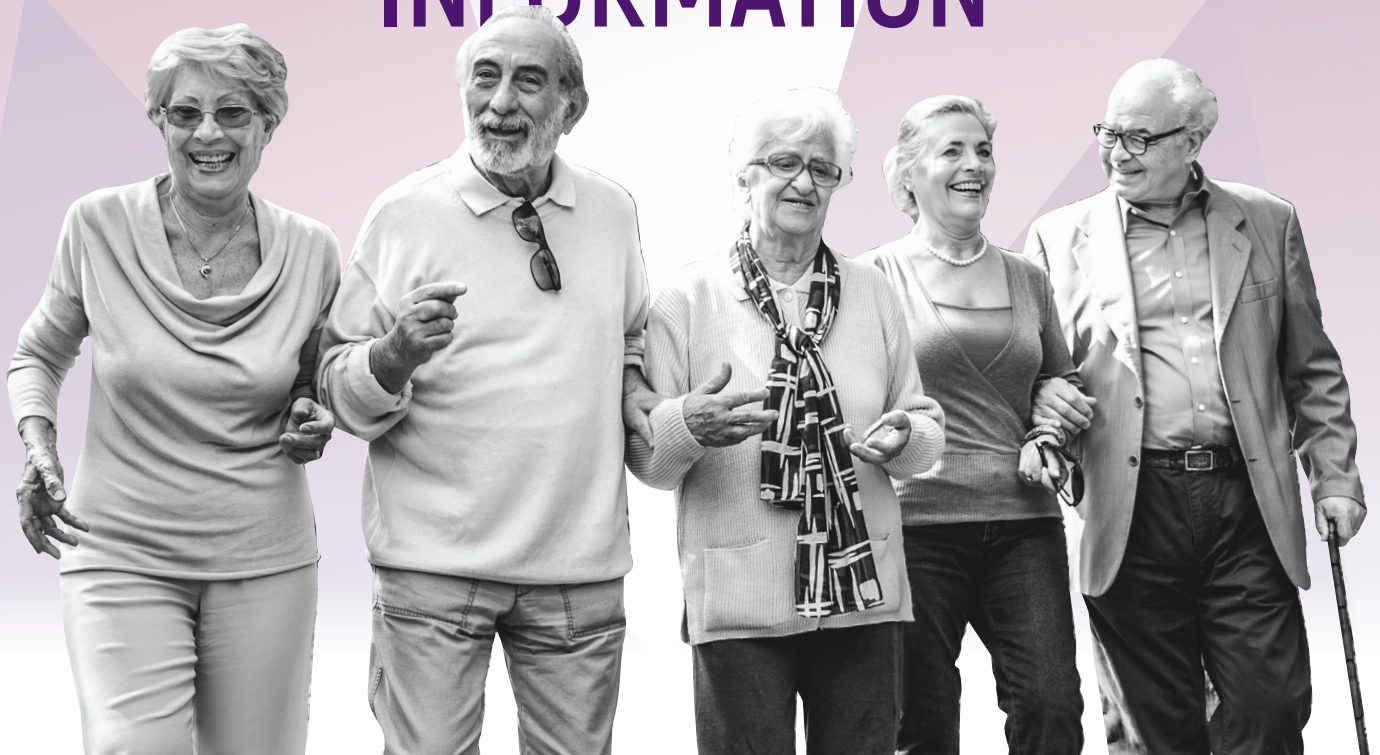
Sassoon Yehuda Sephardi Synagogue  
79 Hotham Street, Balaclava

### Bookings required

☎ **Joanne** 03 9527 8863

✉ president@sephardivic.com

# COMMUNITY INFORMATION



## VICTORIAN SENIORS FESTIVAL

The 2022 Victorian Seniors Festival performances are delivered all throughout Victoria. This year the theme is 'Takin' it Easy' and you can delight in new audio content and entertainment featuring community voices, music and locally produced radio plays to enjoy.

### For more information

🖱️ [seniorsonline.vic.gov.au/  
festival-performances](https://seniorsonline.vic.gov.au/festival-performances)

**Victorian  
Seniors  
Festival**  
40 Years  
2022



## COMMUNITY DIRECTORY

Meaningful connections between people are important for good health and wellbeing. The new Community Directory is a resource for people experiencing social isolation and looking to reengage in activities and programs with the local community.

With over 220 listings, it supports individual community members with information about social opportunities in the area. It's also a great resource for service providers, community groups and network opportunities.

### For more information


🖱️ [portphillip.vic.gov.au/  
community-directory](https://portphillip.vic.gov.au/community-directory)


## LINKING NEIGHBOURS SENIORS REGISTER

Linking Neighbours is a great way to meet local people in the City of Port Phillip. It is a social activity program that provides outings and activities for over 55's.

The Seniors Register is a secure database of details that can be accessed in an emergency situation by emergency services.

### **For registration and more information**


 **ASSIST** 03 9209 6777


 [linkingneighbours@portphillip.vic.gov.au](mailto:linkingneighbours@portphillip.vic.gov.au)

## PORT PHILLIP LIBRARY COMMUNITY

Membership to the Port Phillip Library Service is free for anyone. Join at a branch or online. Our Home Library Service now offers home deliveries.

### **For more information on libraries or the Home Library Service:**

 **ASSIST** 03 9209 6777

 [library.portphillip.vic.gov.au](http://library.portphillip.vic.gov.au)



## PORT PHILLIP COMMUNITY TRANSPORT

City of Port Phillip operates a free, accessible bus service. Book your ride and hop on at one of the many designated pick-up points throughout the City.

### For booking and more information

- 📞 **Community Transport team**  
03 9209 6223
- 🖱️ [portphillip.vic.gov.au/community-bus](http://portphillip.vic.gov.au/community-bus)

## SOUTH PORT DAY LINKS (SPDL)

SPDL is a not for profit organisation that has provided volunteer services to residents of the City of Port Phillip for over 25 years. They aim to help residents maintain their social connections and support their ability to live independently.

### For more information


- 📞 03 9646 6362
- ✉️ [info@spdl.org.au](mailto:info@spdl.org.au)
- 🖱️ [spdl.org.au](http://spdl.org.au)


## PORT PHILLIP SENIORS CLUBS

### University of the Third Age - U3A Port Phillip

U3A offers many courses to help you stay mentally active. There are no academic entry requirements and the annual membership fee gives you access to courses.

#### For more information


 03 9696 3495

 u3app@u3app.org.au

### Port Melbourne Probus Club

A club for active retirees living in the Port Phillip area. Meetings are held every fourth Friday morning at Southport Centre. Meetings feature a variety of interesting speakers. Events and outings are arranged throughout the year.

#### For more information

 port.probus@gmail.com

## PORT PHILLIP SENIORS CLUBS

### St Kilda Probus Club

A social club for active retirees that meets on the first Monday of each month to hear from a variety of guest speakers. On the third Monday of every month, members travel to places of interest, stopping on the way for a picnic, morning tea and pub lunches.

#### For more information

☎ Nic 0410 553 993

### Port Phillip Life Activities Club

The club is for over 45s and covers Port Melbourne, South Melbourne, Albert Park, Middle Park, St Kilda and Elwood.

#### For more information

☎ 0421 073 041

✉ [membership@lifeportphillip.org.au](mailto:membership@lifeportphillip.org.au)

### Port Phillip Men's Shed Association (PPMSA)

PPMSA welcomes new members and suggestions about activities that may be of interest to you.

#### For more information

✉ [info@ppmsa.org.au](mailto:info@ppmsa.org.au)



 **ASISST 03 9209 6777**

 **[portphillip.vic.gov.au](http://portphillip.vic.gov.au)**